



Stringbreakers Badminton Club

COVID-19 Return to Play Rules

Club members must NOT attend a session if they :

- have any symptoms of coronavirus or have tested positive for it.
- live with, or are in a support bubble with, someone who has symptoms or has tested positive.
- have been asked by 'Test & Trace' to self isolate at the time of the session.

When attending a session every club member MUST :

1. **PRE-BOOK every session, receive confirmation of that booking & pay in advance.**
2. Arrive wearing their sports kit. They must NOT use the changing rooms at all.
3. Wear a face covering when moving anywhere in the building other than their allocated court area (entrance corridor, or passing another court).
4. Enter through the door they have been asked to use and head straight to the court they were allocated (without stopping to chat to anyone on a different court).
5. Bring their own hand sanitiser.
6. Use hand sanitiser as they enter the main sports hall, immediately before and after EVERY game and after touching any equipment that doesn't belong to them.
7. Only use their own racket.
8. Not use a peg board or signing in register.
9. Stick to their allocated court area ALL session, including when not playing (try to avoid using the toilet unless really necessary).
10. Only use the shuttles allocated to their court. If one goes off court it must be retrieved ASAP. If it's on a court where others are playing then they must send it back by using their racket, not their hands.
11. Try to maintain a 2 metre distance from others during all games including with opponents at the net.
12. Maintain a strict 2 metre social distance at all times when off court, including when sitting on benches. Benches will be placed on the internal wall (opposite side to usual).
13. Wait for an appropriate time to walk past a court if a game is taking place to ensure social distancing is possible (those playing should move to let anyone pass before the next serve).
14. Bring their own drinks and clearly mark them if they are similar to other members.
15. Avoid sharing lifts to and from a session unless they are members of the same household/support bubble.
16. Provide the 'Test & Trace' system with our phone number (Emma 07989 496316) if they are diagnosed with COVID-19 and are informed that the session they attended fits the time scale. EVERYONE who was playing on their court that session is likely to be told to self isolate for 10- 14 days

Anyone refusing to adhere to these rules will be asked to leave and may not be permitted to attend again until all COVID-19 restrictions have been lifted