



Stringbreakers Badminton Club

COVID-19 Return to Play Rules

Club members must NOT attend a session if they :

- have any symptoms of coronavirus or have tested positive for it.
- live with, or are in a support bubble with, someone who has symptoms or has tested positive.
- have been asked by 'Test & Trace' to self isolate at the time of the session.

When attending a session every club member MUST :

1. **PRE-BOOK** every session, pay when they book & receive confirmation of that booking.
2. **Bring their own hand sanitiser**, only use their own racket, not shake hands or give high fives.
3. Arrive wearing their sports kit. They must NOT use the changing rooms at all.
4. Never head over to the sports hall session before the session start time (to avoid waiting in groups)
5. ***NEW*** Wear a face covering at all times when in the building except when playing on court.
6. **Use hand sanitiser** immediately after entering the main hall, immediately before and after EVERY game, and always after touching any equipment that doesn't belong to them including the net poles.
7. After sanitising their hands as soon as they entered the sports hall, walk to their designated court without stopping to chat to anyone in the other court bubble.
8. Stick to their allocated court area ALL session including when not playing.
9. Only use the shuttles allocated to their court. If one goes off court it must be retrieved ASAP. If it's on a court where others are playing then they must send it back by using their racket, not their hands.
10. Try to maintain a 2 metre distance from others during all games.
11. When not playing on court, wait within their allocated court area, always wearing a face covering and always social distancing from others.
12. Wait for an appropriate time to walk past a court if a game is taking pace to ensure social distancing is possible (those playing should move to let anyone pass before the next serve).
13. Bring their own drinks and clearly mark them if they are similar to other members.
14. ***NEW*** During the session exit the hall via the nearest fire door to your court. Ensure you utilise this one way system at all times including when accessing the toilet (ie. walk outside to access toilet).
15. Provide the 'Test & Trace' system with our phone number (Emma 07989 496316) if they have a positive COVID-19 test result and are informed that the session fits the timescale. EVERYONE who was in a court bubble with the person who tested positive needs to follow any test and trace instructions.

Every session will have an allocated Covid Officer present who has carried out Badminton England recommended training. Please follow their instructions.

Anyone refusing to adhere to these rules will be asked to leave and may not be permitted to attend again until all COVID-19 restrictions have been lifted