



# **Stringbreakers Badminton Club**

## **COVID-19 Return to Play Rules**

### **Club members must NOT attend a session if they :**

- have any symptoms of coronavirus or have tested positive for it.
- live with, or are in a support bubble with, someone who has symptoms or has tested positive.
- have been asked by 'Test & Trace' to self isolate at the time of the session.

### **When attending a session every club member MUST :**

1. **PRE-BOOK every session, receive confirmation of that booking & pay in advance.**
2. **Bring their own hand sanitiser.**
3. Arrive wearing their sports kit. They must NOT use the changing rooms at all.
4. **Use hand sanitiser** immediately after entering the main hall, immediately before and after EVERY game, and always after touching any equipment that doesn't belong to them.
5. After sanitising your hands as soon as you entered the sports hall, walk down the right hand side until you reach your allocated court. Then walk along the length of the court to the opposite wall.
6. Only use their own racket and must not touch the net poles at all.
7. Stick to their allocated court area ALL session including when not playing (try to avoid using the toilet)
8. Only use the shuttles allocated to their court. If one goes off court it must be retrieved ASAP. If it's on a court where others are playing then they must send it back by using their racket, not their hands.
9. Try to maintain a 2 metre distance from others during all games including with opponents at the net
10. When not playing on court, wait alongside the interior wall (left of the hall) within their allocated court area, maintaining a strict 2 metre distance from others.
11. Wait for an appropriate time to walk past a court if a game is taking pace to ensure social distancing is possible (those playing should move to let anyone pass before the next serve).
12. Bring their own drinks and clearly mark them if they are similar to other members.
13. Exit the hall via the fire door (opposite end of the hall to the main entrance). Ensure you utilise this one way system at all times including when accessing the toilet (ie. walk outside to access toilet).
14. Avoid sharing lifts to and from a session (except members of the same household/support bubble).
15. Provide the 'Test & Trace' system with our phone number (Emma 07989 496316) if they are diagnosed with COVID-19 and are informed that the session they attended fits the time scale. EVERYONE who was playing on their court that session is likely to be told to self isolate for 10- 14 days

We won't be asking you to wear a face covering as you walk into the venue but you are welcome to. What is much more crucial is that you are exceptionally careful about maintaining a 2 metre distance from others if you meet anyone in the entrance area. We also must not use the peg board, clock or signing in register.

**Anyone refusing to adhere to these rules will be asked to leave and may not be permitted to attend again until all COVID-19 restrictions have been lifted**